Original Research Article

Immunopathological study of crescentic glomerulonephritis with special reference to antineutrophilic cytoplasmic antibodies

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ARTICLE INFO

Article history:

Received 31-10-2019

Accepted 14-04-2020

Available online 19-08-2020

Keywords:

SLE

Crescentic GN

Rapidly progressive GN

Vasculitis

Granulomatous polyangitis

Eosinophilic granulomatous polyangitis

ABSTRACT

Background: Crescentic Glomerulonephritis (CGN) is produced by many factors like Antineutrophilic Cytoplasmic Antibody (ANCA), Anti Glomerular Basement Membrane Antibodies (Anti GBM Ab) or immune complexes (IC). Aim of the study was to see prevalence of ANCA in CGN and subtypes of CGN. **Methods:** Total 50 cases of CGN were studied from February 2016 to July 2017. All auto antibodies (ANCA, ANA, DNA) were performed by ELISA method. Formalin fixed, paraffin embedded tissue was used for histopathology.

Result: In 50 cases of CGN (26 males, 24 females) age range was 13 – 86 years. ANCA was positive in 72%. About 60% cases were of Type III (Pauci-immune) followed by Type IV (combined type I and type 3), Type V (ANCA, immune-complex and anti GBM negative) (12% each), Type I (Anti GBM Ab mediated) and Type II (immune complex mediated) (8% each).

About 14% patients were below 14 years of age, 52% were between 21 to 40 years, 24% were between 41 to 60 years and 10% were above 61 years of age.

In Type III CGN, 53.33% were MPO positive, 40% were PR3 positive and 6.7% were both MPO and PR3 positive, while in Type IV CGN, 83.33% were MPO positive and 16.66% were PR3 positive. Small vessel vasculitis was found in 83.3% of the patients of Type V, 69.9% patients of Type III and 50% of patients of Type I and Type IV and 25% of patients of Type II CGN. Vasculitis of medium sized blood vessels was seen in 50% of Type IV, 20% of Type III CGN, 25% of Type I and 16.7% of Type V CGN.

About 41 cases of CGN, suspected highly for small vessel vasculitis, were subjected for CD34 staining. In H&E stain, only 58% of the cases showed vasculitis and peritubular capillaritis; but after CD 34 staining, all cases showed arteriolitis and peritubular capillaritis. About 33.33% of Type IV and 26.6% of Type III had granulomas in glomeruli; while 26.6% of Type III, 25% of Type I and IV each, 16% of Type IV and V each had granulomas in interstitium. Two cases (66.6%) of Type III had granulomas in blood vessels. Out of 50 cases of CGN, 14 cases (28%) after investigations turned out to be cases of Lupus nephritis with ANCA positivity in 85.5% of the cases. MPO ANCA was positive in 50%, PR3 ANCA in 28.57% and in one case both ANCA and anti GBM Ab were positive.

Granulomatous Polyangitis (GPA) was seen in 8 cases while Eosinophilic Granulomatous Polyangitis (EGPA) was found in one case and rest of the cases were of microscopic polyangiitis (MPA). PR3 ANCA was positive in 87.5% cases of GPA, whereas in EGPA, MPO ANCA was positive.

Conclusion: SLE can also be associated with ANCA mediated CGN. ANCA produces small vessel vasculitis which can be better visualised after CD34 staining. Detection of ANCA will help the clinicians for planning aggressive immunosuppressive therapy.

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1. Introduction

Crescentic Glomerulonephritis (CGN) is characterized by the presence of extensive glomerular crescents in more than 50% of the glomeruli. It presents with rapidly progressive Glomerulonephritis (RPGN). It could be primary and secondary. CGN is classified into 5 types (Parmar 2017).¹

Type I – It shows linear deposits of immunoglobulins IgG along the glomerular basement membrane (Anti GBM disease).

Type II – It shows granular deposition of immunoglobulins and complement (Immune complex mediated disease).

Type III – Few or no immune deposit in glomeruli (Pauci-immune). It is antineutrophilic cytoplasmic antibody (ANCA) associated with small vessel vasculitis.

Type IV – Combination of Type I and Type III

Type V – ANCA, immune complex and anti GBM Ab negative (pauci-immune renal vasculitis).

Pauci-immune crescentic glomerulonephritis (PICGN) accounts for 80% of the cases of rapidly progressive GN.^{2–4} Majority of the cases of PICGN are due to primary systemic small vessel vasculitis e.g., GPA, MPA or renal limited vasculitis (RLV).⁵ ANCA is present in 80% – 90% of the patients with PICGN. Patients with both ANCA associated GN usually present with rapidly progressive GN with haematuria, proteinuria and elevated serum creatinine.⁶ Histopathologically, these patients have necrotising GN and extensive crescents.⁷ A small subset of patients have subacute disease and on renal biopsy have glomerular sclerosis either alone or accompanied by focal active disease with necrosis and crescents.⁸ In most of the patients, PICGN is a component of systemic small vessel vasculitis.

In 2010 International Vasculitis working study group⁹ have classified ANCA mediated CGN into 4 types which predict the survival rate of patients. This includes

1. Focal: > 50% normal glomeruli are present.
2. Crescentic: > 50% glomeruli with cellular crescents.
3. Mixed: < 50% normal glomeruli, <50% crescentic, <50% globally sclerotic glomeruli.
4. Sclerotic: > 50% globally sclerotic glomeruli.

Crescentic and mixed group have the worst prognosis when <25% of the normal glomeruli are present.¹⁰

CGN is very commonly seen in our country but very few studies are available in India. The aim of study is to find out various subtypes of CGN, and prevalence of ANCA and its subtypes in PICGN.

2. Materials and Methods

The total 50 cases of CGN were studied between the period of February 2016 to July 2017. Cases were taken from the

Department of Nephrology & Dermatology. A detail clinical history was taken and 5ml blood in plain vial was taken after consent of the patients for immunological tests like ANCA, ANA, ds DNA Ab and anti GBM Ab.

Only kidney biopsy proved cases of CGN were taken. Histopathologically it was classified first according to Parmar 2017.¹ classification. PICGN was further classified into 4 groups depending upon International classification proposed by Berden et al 2010.⁹

Kidney biopsy were preserved in 10% buffered formalin. Paraffin blocks were prepared and sections were stained with Haematoxylin and Eosin (H&E), Periodic Acid Schiff (PAS) and Acid Fuchsin Orange G (AFOG) stains as described by Zollinger and Mihtash 1978.¹¹

PR3 and MPO ANCA were done by ELISA kit of Euro diagnostica, Sweden supplied by MIS OSB agencies, Geeta Colony. For PR3, ELISA value more than 9.6 U/mL was considered as positive. For MPO ANCA, value above 12.7 U/mL was taken as positive. For anti GBM, value above 18 U/mL; for ANA, value above 1.2; for anti ds DNA, value above 46 IU/mL.

In CGN, blood vessels were destroyed & not visible due to severe mononuclear cell infiltrate. Hence, CD34 staining was done by immunoperoxidase method to see the endothelial cells of the blood vessels. Monoclonal Ab against CD34 and secondary antibody including substrate kit was purchased from Biogenex Emergo Europe, Molenstraat 15, NL-2513BH, Hague, Netherland supplied by MIS Biogenes.

3. Result

CGN included total of 50 cases. Sex wise distribution showed that males were slightly more affected (26 cases - 52%) than females (24 cases - 48%); although statistically it was non-significant.

Distribution of CGN revealed that 52% patients were in the 3rd and 4th decades of their life, 14% patients were children below 16 years of age and 34% were above 40 years. Age varied from 13 – 86 years. Age wise difference was significant ($\chi^2 = 21.52$, $P < .001$). Mean age: 38.4 ± 16.9 years.

Subtypes of CGN revealed that Type III (PICGN) was more commonly found (60% cases) followed by Type IV CGN and Type V (12% each), Type I and Type II formed 8% each so as a whole 72% of CGN were ANCA positive and 20% were anti GBM positive.

All 36 ANCA positive CGN cases were further classified. It was found that maximum cases were of crescentic type (47.2%) followed by sclerotic type (25%), focal (16.7%) and mixed (11.1%).

All 50 CGN cases were further examined and subjected to various tests to know secondary causes. Evidence of SLE was found in 14 cases (28%). Out of these 14 cases, 64.28% were females and 35.71% males. Anti ds DNA Ab was

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positive in only 57.14% and anti Sm Ab was seen in 5 cases (35.71%). All patients fulfilled the criteria of SLE. MPO ANCA was positive in 50%, PR3 in 28.57% & anti GBM + anti MPO in 7.14% in SLE.

Out of 50 CGN cases, only 36 cases (72%) were ANCA positive. Out of these MPO ANCA was more common in both type III and IV CGN forming 53.33% and 66.66%, whereas PR3 ANCA was less common in both varieties (40% type III & 33.33% type IV). Two of these cases (6.6%) were dual ANCA positive for PR3 and MPO.

Most common histopathological findings in glomerulus were fibrocellular and fibrous crescents (Figure 1) found in 80% followed by hyalinization and sclerosis. In 34% cases, there were also cellular crescents. Bowman's capsule necrosis was seen in 66.7% cases of Type IV and 60% cases of Type III and 33.3% cases of Type V CGN.

Granuloma in glomeruli were seen mostly in Type IV CGN and 25% cases of Type III and Type II CGN (Figure 2). RBC casts were seen mostly in Type IV CGN followed by Type V and Type I (80% each). Interstitium showed moderate to heavy mononuclear cell (MNC) infiltration in more than 75% of all types of CGN. Lymphoid follicles infiltration in interstitium is seen mostly in Type IV (33.3%) and Type I (25%) & Type V (16.7%). Non caseating epithelial granuloma was found in 25% cases of Type III, I and II and 16.7% cases of Type IV and V (Table 1).

In CGN, small blood vessels vasculitis was more common (60%) followed by fibromuscular hyperplasia (56%), hyaline thickening (44%), medium sized vessel vasculitis (22%), thrombosis (22%) and fibrinoid necrosis of blood vessels (16%). Small vessel vasculitis included glomerular and peritubular capillaritis. All peritubular vasculitis was not obvious because of inflammatory cells, only after CD34 staining destroyed capillaries were identified. In SLE, venulitis was more common. In Type I CGN, common findings were hyaline thickening (75%), fibromuscular hyperplasia (50%), small vessel vasculitis (50%), thrombosis in blood vessels, fibrinoid necrosis and medium sized blood vessel vasculitis (25%). Among Type II CGN only one case had vasculitis (25%) of small blood vessel. (Table 2) (Figures 3, 4 and 5)

In Type III CGN small vessel vasculitis was more common (63.33%) whereas medium sized blood vessel vasculitis was seen in 20% cases and thrombus was found in 26.7% cases. As a whole vasculitis was seen in only 83.3%. In 2 cases (6.66%) epithelioid granuloma was found in blood vessel also. In Type IV, all cases showed vasculitis in which 50% showed small vessel and 50% showed medium sized blood vessel vasculitis. In type V small vessel vasculitis was present in 83.33%. One case of eosinophilic granulomatous polyangitis was a 40 years old female who manifested with acute renal failure, allergic rhinitis, proteinuria, haematuria, anaemia, leucocytosis and eosinophilia of 28%. Her MPO ANCA

was positive and blood urea and serum creatinine were raised. Histopathology of kidney showed cellular crescents in more than 80% glomeruli, tubular necrosis, mononuclear cell infiltrate with many neutrophils and eosinophils in the interstitium. There was small vessel vasculitis with plenty of eosinophils.

Out of 41 cases, 8 cases (19.5%) of GPA were identified. Age varied from 17 years to 60 years (52 M, 33 M, 17 F, 55 M, 48 M, 32 F, 60 M, 36 M). Out of 8 cases, 6 (75%) were males and 2 (25%) were females.

Fever was present in 50% cases, rash and arthritis in 25% (2 cases). One case (12.5%) had otitis media with abscess in middle ear. Pulmonary symptoms were found in only 50% of the cases which comprised of breathlessness, cough, hemoptysis, nasal bleeding. All patients had swelling of face and feet, raised blood urea and serum creatinine. (Table 3)

All GPA patients had small vessel vasculitis (SVV) and granuloma (interstitium: 4 cases – 50%; glomeruli: 2 cases – 25%; blood vessel: 2 cases – 25%). Before CD34 staining, SVV was seen in 3 cases, but after staining, it was found in all cases.

Fig. 1: Shows focal cellular crescent at 6 O'clock position whereas in other part it is fibrocellular. (H&E X 400)

4. Discussion

ANCA is important cause of vasculitis. Presence of ANCA is also reported in infections and malignancy such as myelodysplastic syndrome, Hodgkin lymphoma, SLE and systemic sclerosis.¹² This is also an important cause of pauci-immune CGN. CGN is classified into 5 Types. Among them, one of the common type is Type III which is characterized by the absence of immune complexes hence known as Pauci-immune CGN. Majority of Type III CGN are ANCA positive.¹ We studied 50 cases of CGN. Most common CGN was Type III which formed 60% of the cases while Type IV and Type V were seen in 12% cases each

Table 1: Showing glomerular, tubular and interstitial pathology into various types of CGN

Histological changes	Type IN=4No. (%)	Type IIN=4No. (%)	Type IIIN=30No. (%)	Type IVN=6No. (%)	Type VN=6No. (%)	TotalN=50No. (%)
Glomerular, hyalinization and sclerosis	02 (50)	03 (75)	18 (60)	04 (66.7)	05 (83.3)	32 (64)
Fibrous and fibrocellular crescents	03 (75)	03 (75)	22 (73.33)	04 6 (66.7)	06 (100)	40 (80)
Necrosis of Bowman's capsule	–	–	18 (60.9)	04 (66.7)	02 (33.3)	24 (60)
Granuloma in glomerulus	–	1 (25)	8 (26.6)	02 (33.3)	–	–
Tubular atrophy	03 (75)	2 (50)	20 (66.7)	03 (50)	06 (100)	33 (66)
Thyroidization of tubules	01 (25)	1 (25)	10 (33.33)	01 (16.7)	03 (50)	16 (32)
RBC casts	02 (50)	04 (100)	11 (36.7)	04 (66.7)	03 (50)	21 (42)
Moderate to heavy mononuclear cell infiltration in interstitium	01 (25)	–	28 (93.3)	05 (83.3)	06 (100)	46 (92)
Lymphoid follicles in interstitium	01 (25)	1 (25)	04 (13.3)	02 (33.3)	01 (16.7)	8 (16.7)
Granuloma in interstitium	02 (50)	–	8 (26.7)	01 (16.7)	01 (16.7)	11 (22)
Plenty of neutrophils in interstitium	–	–	08 (26.7)	08 (26.7)	2 (33.33)	14 (28)

(Figures in parenthesis suggest percentage)

Table 2: Showing histopathological findings of blood vessels in various types of CGN

Vascular changes	Type1 CGN N=5 (%)	Type2 CGNN=4 (%)	Type 3 CGN N=30 (%)	Type 4 CGNN=6 (%)	Type 5 CGN N=6 (%)	Total N=50 (%)
Hyaline thickening	03 (75)	02 (50)	13 (43.3)	02 (33.3) (66.7)	02 (33.3)	22 (44)
Fibromuscular hyperplasia	02 (50)	02 (50)	17 (56.7)	04 (66.7)	3 (50)	28 (56)
Thrombus	01 (25)	–	08 (26.7)	01 (16.7)	01 (16.7)	11 (22)
Fibrinoid necrosis	01 (25)	–	04 (10)	04 (66.7)	–	08 (16)
Arcuate interlobular arteritis	01 (25)	–	06 (20)	03 (50)	01 (16.7)	11 (22)
Vasculitis of small blood vessels	02 (50)	01 (25)	19 (63.3)	03 (50)	05 (83.3)	30 (60)
Granuloma in blood vessels	–	–	2 (6.66)	–	–	–

Table 3: Showing clinical features of GPA

Groups	Age in years	Sex	ANCA	General	Renal	Respiratory problems
Patient 1	52	Male	PR3	Fever with Swelling of body	Proteinuria and haematuria	Cough
Patient 2	33	Male	MPO	Fever with swelling of feet	Do	Haemoptysis
Patient 3	17	Female	PR3	Fever, rash, arthritis and swelling of feet	Do	Nasal bleeding
Patient 4	55	Male	PR3	Fever with swelling of body	Do	Chest pain
Patient 5	48	Male	PR3	Rash and arthritis	Do	–
Patient 6	32	Female	PR3	Otitis media and abscess in middle ear	Do	–
Patient 7	60	Male	PR3	Swelling of body	Do	–
Patient 8	36	Male	PR3	Swelling of body, fever and rash	Do	–

Fig. 2: Showing small non caseating granuloma in periglomerular area of Wegener's granulomatosis. (H&E X400) **Fig. 3:** Showing severe vasculitis of peritubular capillaries in MPA with mononuclear cell infiltration on the left side but medium sized blood vessel on right side does not show vasculitis (H&E X 400)

followed by Type I and Type II which formed 8% cases each. As a whole in more than 72% of CGN, ANCA was positive. There are variable reports regarding frequency of CGN, Gupta et al 2011¹³ found ANCA negative pauci-immune CGN in 39.1% followed by ANCA positive pauci-immune (32.6%) and Type II CGN (28.3%). Like us Choudhury et al 2014¹⁴ also found predominance of type III CGN (32.4%) followed by type II (23.5%), type V (18%), type I (14.5%) and type IV (11.7%) CGN.

Some studies indicate that type V CGN is very rare and comprises less than 5%.^{15,16} While in our study it was seen in 12% cases.

In CGN, we found slight male predominance (52%) over females (48%) with male to female ratio of 1.1:1. Contrary to our study other workers found slight female predominance. Gupta et al¹³ found male to female ratio of 1:1.1 while Choudhury et al¹⁴ found it to be 1:1.8. In our study, age range was from 13 - 86 years while mean age was 38.4 ± 16.9 years. More or less similar to our study mean age was 32.2 ± 16.1 years in series of Choudhury et al 2014.¹⁴ Age range in their series was 12 - 72 years and maximum cases (76.5%) were between 21 - 59 years, 11.7% cases were below 20 years and 11.7% cases were above 60

Fig. 4: CD34 staining of venulitis showing destruction of endothelial cells (loss of CD34 staining) & heavy MNC infiltration. (IP staining with CD34 X400)

Fig. 5: Showing fibrinoid necrosis of vessel wall (red colour), vasculitis & hyaline thrombi in lumina. (AFOG X 400)

years. In our series 14% patients were below 16 years and 10% patients were above 61 years.

Contrary to this, Gupta et al 2011¹³ found that in CGN age ranges from 4.5 to 72 years with mean age of 26.6 ± 17.1 years. In their series, 26.08% patients were below 14 years of age.

In present study, MPO positivity was seen in 50% CGN followed by PR3 positivity (44.4%). In 5.6% cases, both MPO and PR3 were positive. In series of Choudhury¹⁴ et al, MPO ANCA was more common (81.8%) followed by PR3 ANCA and combined MPO and PR3 ANCA (9.1%) each.

We classified all 36 ANCA positive cases and found crescentic to be more common (47.2%). Similar to us, Naidu et al 2014¹⁷ also reported crescentic to be more common

while some studies (Ellis et al 2013¹⁸ and Togashi et al 2016¹⁹ found mixed variety to be more common.

Out of 50 CGN cases, vasculitis was seen in 41 (82%) cases. Commonest vasculitis was MPA (78.04%) followed by GPA in 19.5% and EGPA (2.44%). ANCA vasculitis with lupus nephritis was seen in 31.7% cases, immune complex vasculitis in 9.8% and ANCA negative pauci-immune vasculitis in 2.4% cases.

Naidu et al 2013¹⁷ also reported higher incidence of GPA (56.6%) followed by MPA (40.8%). Vasculitis of interlobular arteries was seen in 50% of the cases of Type IV, 20% cases of Type III and 25% of the cases of Type II and 16.7% cases of Type V. Vizjak et al 2003⁶ found active vasculitis in 23% of both MPO and PR3 ANCA positive cases. This difference may be due to the fact that they have noticed only medium sized blood vessel vasculitis. In our case also medium sized blood vessel vasculitis was present in 22% cases while peritubular capillaritis was missed in H&E stain but was visualized after CD34 staining.

One case was diagnosed as EGPA in a 40 years old female. This case was MPO positive. Similar to our case, Karamoto et al 2016²⁰ also reported a case of EGPA in a 64 years old female patient who had allergic rhinitis with sinusitis, breathlessness, pleural effusion, leucocytosis, eosinophilia, proteinuria, haematuria, raised blood urea and serum creatinine. Her case was also MPO positive and her renal biopsy revealed granuloma in the interstitium with MNC infiltration and eosinophilia.

Sinico et al 2006²¹ reported that renal involvement is uncommon and is seen only 25% cases of EGPA. In CGN, we found evidence of GPA in 8 cases with mean age of 41 years with male predominance. Seven cases (87.5%) were PR3 positive and only one case (12.5%) was MPO positive. Pulmonary manifestations were seen in only 4 cases while nasal bleed was seen only in one case. Granuloma was present in all cases in which 50% cases were found in interstitium and 25% cases in glomeruli and rest 25% cases had it in blood vessels. Similar to our study, earlier work done in 267 cases of GPA with renal involvement²² also found mean age of 46 years with male predominance but in their study lung involvement was seen in 60.3% cases.

Aasarod et al 2001²² studied 94 cases of GPA and found median age of 54 years with male predominance. About 75.5% cases were PR3 positive and 7.4% cases were MPO positive which is very close to our observation.

5. Conclusion

Our study concludes that CGN including SLE are the most important diseases where ANCA positive SVV is seen. Hence, our study suggests that in all cases of SLE & CGN, ANCA should be done so that aggressive immunosuppressive therapy can be given.

6. Source of Funding

UGC advanced Immuno-diagnostic training and research centre.

7. Conflict of Interests

None.

Acknowledgements

We are thankful to our technical staff, Mr. Ranjan Singh Rana, Mr. Saroj Kumar Mukherjee and Mr. Ram Ujagir Singh for their technical support.

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Cite this article: Gahoi K, Usha , Sharma P, Nongphud MJ, Mishra JK, Singh S. Immunopathological study of crescentic glomerulonephritis with special reference to antineutrophilic cytoplasmic antibodies. *Indian J Pathol Oncol* 2020;7(3):362-368.